



Mental Health

Highfield Level 3 Award in Understanding Mental Health in the Workplace for Managers (RQF)

The objective of this qualification is to support a role in the workplace and/or to give learners personal growth and engagement in learning, specifically in relation to understanding mental health in the workplace, how mental ill health may affect employees and how managers can support employees.

How long will it take me to achieve this qualification?

The total qualification time for this qualification is 15 hours, with 10 hours recommended as guided learning hours.

TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming guided learning hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.

How is the qualification assessed?

This qualification is assessed by 2 multiple-choice examinations.

What next?

On successful completion of this qualification, learners may wish to continue their development by undertaking a Highfield Level 3 qualification in Management.

Where can this course be taken?

Through any Highfield approved training centre.

Qualification Number: 603/5166/4 Credit Value: 2