



# Mechanical Restraints (Handcuffs)

## Highfield Level 3 Award in the Safe Use of Mechanical Restraints (Handcuffs) (RQF)

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The Highfield Level 3 Award in the Safe use of Mechanical Restraints (Handcuffs) (RQF) has been developed to prepare learners for employment and/or support a role in the workplace.

This qualification is aimed at learners who are SIA licence to practice qualified security and safety staff, along with civil enforcement and communicaty safety accredited persons. This programme covers the law and legislation surrounding the use of mechanical restraints (handcuffs) and teaches learners the safe and effective use of mechanical restraints (handcuffs).

### How long will it take me to achieve this qualification?

The total qualification time for this qualification is 12 hours and of this 8 are guided learning hours.

### How is the qualification assessed?

This qualification is assessed by an open response workbook and a practical assessment

### What next?

Individuals achieving this qualification can progress on to further learning such as:

- Level 2 Award for Working as a Door Supervisor within the Private Security Industry
- Level 2 Award for Working as a Security Officer within the Private Security Industry
- Level 2 Award for Working as a CCTV Operator (Public Space Surveillance) within the Private Security Industry
- Level 3 Certificate for Working as a Close Protection Operation within the Private Security Industry
- Level 3 Award for Deliverers of Physical Intervention Training within the Private Security Industry

### Where can this course be taken?

Through any Highfield-approved training centre.

Qualification Number: 603/5162/7

Credit Value: 1