



# Fact Sheet:

# First Aid

## HABC Level 3 Award in First Aid at Work (QCF)

This qualification is ideal for those already working, or preparing to work, within industry who wish to become a First Aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981. Subjects covered include Incident Management, Casualty Head to Toe Survey, CPR, Minor Injuries, Major Illnesses, Head and Chest Injuries, Suspected Spinal Injuries, Burns and Scalds and Sudden Poisoning.

### How long will it take me to achieve this qualification?

This qualification is typically achieved through a 3-day class-room based training course and for requalification this is reduced to 2-days. Please consult your HABC training centre for further details.

### How is the qualification assessed?

The qualification is assessed via practical demonstration and oral questioning.

### What next?

The qualification is valid for a period of 3 years and, in order to re-qualify, learners must be assessed against all learning outcomes and assessment criteria within the qualification. The delivery time for requalification may be adjusted by 1 day. Learners achieving this qualification may also go on to take other specialist first aid qualifications, such as:

- HABC Level 2 Award in Paediatric First Aid (QCF)
- HABC Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (QCF)

### Where can this course be taken?

Through any HABC approved training centre.

