

# Health and Safety

# Highfield Level 2 Award in Health and Safety within the Workplace (RQF)

This qualification is designed to provide learners with knowledge of the basic health and safety practices essential in the workplace.

The qualification provides learners with an understanding of the responsibilities and employers and employees, the benefits of good health and safety, steps to a risk assessment, common causes of and how to reduce accidents, near misses and ill-health, typical hazards and controls in the workplace, emergency procedures and the importance of recording accidents, near misses and ill-health occurrences.

The qualification can be taken as a stand-alone or as part of a wider programme of training, it is suitable for learners aged 14+ and has one mandatory unit to complete.

## How long will it take me to achieve this qualification?

This qualification is usually achieved by taking a one-day classroom-based course, however, it can also be achieved through a variety of other methods including blended, distance and e-learning.

# How is the qualification assessed?

It is assessed by a multiple-choice examination, where the learner must answer at least 12 out of 20 questions correctly. The examination will take a maximum of 45 minutes to complete.

### What next?

Learners successfully completing this qualification may wish to progress onto further qualifications, such as:

- HABC Level 2 Award in Risk Assessment
- HABC Level 3 Award in Health and Safety in the Workplace

### Where can this course be taken?

Through any HABC approved training centre.

Qualification Number: 603/1289/0 Credit Value: 1

